

Haleakala Trip, March 2016

Student Check List

1. Get Permission form signed by parents
2. Get Medical form filled out and signed by doctor
3. Give check for \$100.00 to High School Hike Leader (deadline _____, 2016)
4. Make check out to : _____.
5. Gather needed equipment as listed below.
 - If you do not have or can not borrow enough equipment by March 1, 2016, ask your leader for advice, with a list of the needed equipment.
6. Baggage is limited to one (1) backpack and one (1) carry-on bag.
7. Arrange for transportation at the proper time to and from the airport.
8. Bring brown bag lunch for the first day.

Student Equipment Check List

Haleakala is at the 10,000 feet level; expect to be COLD, and maybe WET; you need rain gear and lots of warm clothes. Be sure you have enough clean stuff for the backpack. We cannot guarantee any laundry to be done.

(Optional)

Clothes

- Shirt 2
- Hiking boots 1 pair
- Hiking socks, thick wool or synthetic 2
- Rain hat 1
- Rain jacket 1
- Rain pants 1 (recommended)
- Pants or shorts 1
- Socks 2+ pairs
- Cap, hat 1

Camp and sleeping

- Pajamas or sweats or long johns 1
- Slippers 1 pair
- Pants or shorts 1 for cabin

Personal Stuff

- **Wash up kit**
 - Tooth brush 1
 - Tooth paste 1
 - Deodorant 1
 - Soap 1
 - (Shampoo)
 - Wash cloth 1
 - Towel 2
 - (Personal medications)
 - Extra glasses or contacts, if needed 1
 - (Personal hygiene items)

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- **Hike / Work stuff**
 - Day pack 1
 - Water bottle, quart size 1 or 2
 - Extra plastic bags 2
 - Usual first aid, etc. stuff *

Cabin stuff

- Flashlight & batteries 1
- Sleeping bag, warm enough to 30 degrees 1
- (Books, cards or small games)
- (Small amount of snack stuff)
- (Pens, paper)
- (Money for souvenirs, snacks, etc.)
- (Camera)

Eating Utensils

- Plate 1
- Bowl 1 1
- Cup 1 1
- Knife / Fork / Spoon / Chopsticks 1 set 1

Some General Rules

- ALL HIGH SCHOOL HIKER RULES APPLY
- No alcohol
- No drugs
- No smoking
- No radios, tape or CD players
- Pocket knife limited to 3 inch blade maximum