

Personal Survival Kit (PSK)

In your pocket or in a small bag or box (\$\$ is approx price for minimal item)

1. knife - \$15
2. lighter - \$2
3. LED light - \$10
4. whistle - \$5
5. compass - \$12

===== \$ 42

6. mirror - \$10
7. nylon cord - \$2
8. Fresnel lens - \$2
9. matches -\$1
10. firesteel / metal match - \$5
11. tinder - \$1

===== \$ 21

In a daypack or on your person

1. watch cap - \$6
2. jacket / warm shirt - \$30
3. first aid kit - \$38
4. trash bags / bothy / space blanket - \$5
5. canteen / water - \$10
6. bandanna - \$4
7. energy food - \$5

===== \$ 98

first aid - kit

1. 10 - band-aids (1 inch flex fabric) - \$3
2. 5 - 4X4 inch gauze pads - \$5
3. 1 - roll athletic tape - \$5
4. 1 - 2-1/2 inch ace bandage - \$5
5. 5 - 2-inch safety pins (preferably brass) - \$3
6. 6 - Tylenol - \$1
7. 1 - small tube triple antibiotic - \$4
8. 1 - small scissors - \$7
9. 1 - splinter tweezers - \$5

===== \$ 38